### **Directorate General of Health Services**

#### **Public Health-IV**

#### Govt. of NCT of Delhi

# **Lab Testing for COVID-19**

#### **Information for General Public**

### **Questions & Answers Regarding COVID-19 Testing**

#### How do we confirm that a person has COVID-19?

RT - PCR based molecular test is carried out to confirm if a person has COVID-19 (is infected with Type-2 Corona Virus.

### Nature of Sample taken for COVID-19 testing

A person has to give throat and nasal swab (technically called Oropharyngeal and Nasopharyngeal swab) that is collected by two separate and different types of swabs at the same time.

### Who collects the Sample?

Sample collection is done by trained healthcare worker under standard safety measures.

## Do all of us need to undergo testing?

All of us do not need to undergo testing for COVID-19.

#### Who is the right candidate for COVID-19 testing?

To know if you are the right candidate( and need to undergo testing) for COVID-19, please click <u>here.</u>

### What should one do in case S/he fits into one of the categories for testing?

In case one finds her/himself the right candidate to undergo testing for COVID-19,S/he should consult a Doctorat a Govt. or registered private health facility for advise.

#### What should one do in case S/he is advised COVID-19 testing?

- A. For testing through Govt. setup: Visit the nearest COVID-19 testing centre/hospital for sampling. For list of sample collection centres please click here.
- B. For testing through private setup:
  - i. The Private Hospital approached by the person may take the sample and send it to the empanelled /designated COVID lab OR it may arrange sample collection and processing by the designated Lab itself.

- ii. Alternatively, person after consultation with a Govt. facility/Private Doctor may contact one of the empanelled private sector labs in Delhi for home based sample collection by their team.
- iii. For list of Private Sector labs empanelled for COVID-19 testing in Delhi, click here.

### Timings for Sample Collection in a Delhi Govt. set up

Sample collection starts at various facilities and in community (containment zones/hotspots etc.) around 9:00 am and goes on till 2:00 to 3:00 pm (as the samples have to be maintained under cold chain throughout and transported to the designated Labs the same day).

#### Documents/ information to be shared at the time of sample collection.

S. No.	Document/Information	Mandatory	Desirable
1	Name, Age, Gender	Yes	-
2	Complete Residential	Yes	-
	Address		
3	Documentary Proof for	Yes(for private labs in	In sampling
	address	the form of Aadhaar	under Govt.
		Card)	Setup.
4	Mobile Number	Yes	-
5	Prescription	Yes	-

#### When can you expect the report to be available?

Samples collected by Delhi Govt. units are being processed within a maximum of 48 hours. One may contact the sample collection site for report after the stipulated time period.

## 24 X 7 Delhi State Helpline Numbers

011-22391014/22302441/22307133/22304568/22307745/22307135/ 22307145/ 22300012/22300036/22301028